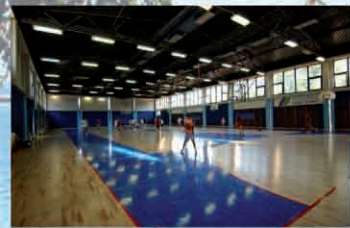




**FITNESS CENTER  
AEROBICS  
BASKETBALL  
JOGGING TRACK  
MINI-GOLF  
INDOOR SWIMMING POOL  
OUTDOOR SWIMMING POOL  
TENNIS  
SAUNA  
HAMMAM  
PHYSICAL THERAPY**



**...  
NEARBY  
JET SKI  
WIND SURFING  
ROWING  
DIVING  
WATER SKI  
BIKE RENT  
MOUNTAIN BIKING  
FISHING  
...**



## VALAMAR DIAMANT POREC \*\*\*\*

**HOTEL RECEPTION 24/24  
FREE PARKING  
RESTAURANTS AND BARS  
MEDITERRANEAN FOOD  
SHOW COOKING  
BANC SERVICE  
LAUNDRY  
NEWSPAPER & SUVENIR  
SHOP  
KIDS CLUB  
BEAUTY CENTER  
MASSAGE**



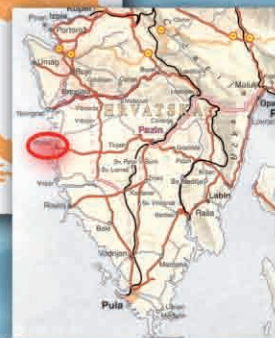
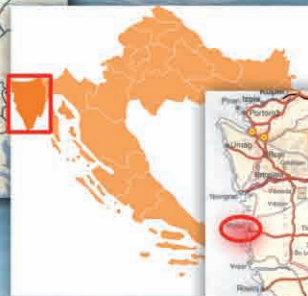
**COMFORTABLE ROOMS  
MODERN FURNISHING  
AIR CONDITIONING  
BALCONY  
BATHROOM WITH SHOWER  
PHONE LINE  
SATELITE TV  
SAFE  
BUREAU**



**FOR MORE INFORMATION OR RESERVATION CONTACT US  
BY E-MAIL [S.DENIS@IMADS.BE](mailto:S.DENIS@IMADS.BE)**

**THE FINAL DATE FOR BOOKING THE HOTEL ROOMS IS  
JANUARY 24 2010!**

**FOR MORE INFORMATION ON THE SUMMER CAMP, OUR  
ORGANIZATION OR OUR DISCIPLINE IN GENERAL, VISIT  
OUR WEB SITE ON  
[WWW.IMADS.BE](http://WWW.IMADS.BE)**



**HOTEL VALAMAR DIAMANT\*\*\*\*  
VLADIMIRA NAZORA 9  
52440 POREC, CROATIE**

**[WWW.VALAMAR.COM](http://WWW.VALAMAR.COM)**

# KRAV-MAGA I.M.A.D.S.



**SUMMER CAMP 2010  
FROM JULY 18 TO JULY 25  
IN POREC, CROATIE**



# SUMMER CAMP 2010 IN POREC - CROATIA

## HOTEL VALAMAR DIAMANT \* \* \* \*



**International Self-Defense seminar**  
**6 days of Krav Maga training**  
**4 hours every day**

**Accessible to everybody!**  
**Beginners and experts!**

- Defenses against armed attacks**
- Defenses against more than one aggressor**
- Combat in a critical situation**
- Security training with "Red Man" equipment**
- STRESS TEST**

Hotel Valamar Diamant in Porec is surrounded by pine wood, boasting beautiful views of Mediterranean vegetation or sea from one of the comfortable air conditioned rooms.

You can explore the historical centre of Porec, which is 1 km away, or stroll along the beautifully landscaped walking path by the sea. The comfortable rooms are modernly furnished.

The concrete beach is 200 metres from the Valamar Diamant. Deck chairs are available to rent.

You can spend your time actively in the sports and fitness centre or pamper yourself in the wellness and beauty centre.

Hotel Valamar boasts outdoor and covered tennis courts, an adventure and activity park, water sports centre, sauna and massage services, indoor and outdoor swimming pools.

All rooms (244) at the Hotel Valamar Diamant were renovated in 2003 and refurbished in an attractive style. The modern guest rooms are fitted with full bathrooms, air-conditioning and central heating, direct dial telephone and a satellite TV.

Some rooms overlook the fragrant green forest, while others offer a beautiful view of the sparkling sea.